

ENROLLMENT, CHANGE, CANCELLATION, OR OPT OUT—EMPLOYEES ONLY

HEALTH AND WELFARE PLANS

UPAY 850 (R10/09) University of California Human Resources

Use this form to enroll in, change, cancel, or opt out of insurance plans for yourself and/or your eligible family members. For complete information on eligibility, effective dates, and allowable actions, see *Your Group Insurance Plans*, available on the At Your Service website (atyourservice.ucop.edu) or from your department or Benefits Office.

If the only action you require is to enroll or de-enroll a family member, you must complete Sections 1, 2, and 5. List only the eligible family member(s) you wish to enroll or de-enroll, or for whom you are changing personal data. Current enrollments will remain in effect until you notify UC of a change, subject to payroll deadlines. If you are changing plans, complete Sections 1 and 3 only; your enrolled family members will change plans automatically. Please note that you may only enroll your eligible family members in the plans in which you are enrolled.

To name your beneficiaries for the Supplemental Life and AD&D plans, go online (atyourservice.ucop.edu; select “Sign in to My Accounts” and “My Beneficiaries”) or use form UBEN 116. You are automatically the beneficiary of a family member under the Expanded Dependent Life and/or AD&D insurance plans. To designate a different beneficiary, use form UBEN 119.

PARTICIPATION TERMS AND CONDITIONS

Your Social Security number will be requested only when needed by benefit plan administration for financial reporting or to verify your identity, in compliance with federal and state law.

As a participant in UC-sponsored plans, you agree to the following terms and conditions:

- Most of the medical plans that UC offers [including the medical portion of Anthem Blue Cross PLUS and Anthem Blue Cross PPO*, Health Net, Western Health Advantage, and CIGNA Choice Fund], Core and High Option Supplement to Medicare (offered by Anthem Blue Cross Life and Health Insurance Company)*, and Kaiser Permanente—CA require resolution of disputes through arbitration. With regard to each plan, , ***IT IS UNDERSTOOD THAT ANY DISPUTE AS TO MEDICAL MALPRACTICE, THAT IS AS TO WHETHER ANY MEDICAL SERVICES RENDERED UNDER THE CONTRACT WERE UNNECESSARY OR UNAUTHORIZED OR WERE IMPROPERLY, NEGLIGENTLY OR INCOMPETENTLY RENDERED, WILL BE DETERMINED BY SUBMISSION TO ARBITRATION AS PROVIDED BY CALIFORNIA LAW, AND NOT BY A LAWSUIT OR RESORT TO COURT PROCESS EXCEPT AS CALIFORNIA LAW PROVIDES FOR JUDICIAL REVIEW OF ARBITRATION PROCEEDINGS. BOTH PARTIES TO THE CONTRACT, BY ENTERING INTO IT, ARE GIVING UP THEIR CONSTITUTIONAL RIGHT TO HAVE ANY SUCH DISPUTE DECIDED IN A COURT OF LAW BEFORE A JURY, AND INSTEAD ARE ACCEPTING THE USE OF ARBITRATION.*** For more information about each plan’s arbitration provision, please see the appropriate plan booklet or call the plan.
- UC and UC health plan vendors comply with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) and other federal/state regulations related to the privacy of personal health information. To fulfill their contracted responsibilities and services, health plans and associated service vendors may share UC member health information between and among each other within the limits established by HIPAA and federal/state regulations for purposes of health care operations, payment, and treatment. A member’s requested restriction on the sharing of specified protected health information for health care operations, payment and treatment will be honored as required by HIPAA.
- By making an election with your written or electronic signature, you are authorizing the University to take deductions from your earnings (employees)/monthly Retirement Plan income (retirees) to cover your monthly costs, if any, for the plans you have chosen for yourself and your eligible family members.
- You acknowledge and accept all terms and conditions of the UC-sponsored plans in which you are enrolled as stated in the plan booklets and “UC’s Group Insurance Regulations”.

- If you enroll family members, the University and/or carrier may require proof of eligibility. Marriage or birth certificates, adoption papers, tax records, and the like may be requested. You agree to provide such documentation upon request.
- If you enroll your eligible same-sex spouse or domestic partner and/or your same-sex spouse’s or domestic partner’s eligible child(ren) or grandchild(ren), or if you enroll or have enrolled your natural or adopted child who is not claimed as your tax dependent, you acknowledge that the UC/employer contribution for their medical and/or dental and/or vision coverage may be reported as income to you and (where appropriate) may be subject to FICA (Social Security and Medicare) and/or federal/state income tax withholding.
- If you specifically ask UC representatives to intercede on your behalf with your insurance plan, University representatives will request the minimum necessary protected health information required to assist you with your problem. If more protected health information is needed to solve your problem, in compliance with state privacy laws and federal laws, including HIPAA (Health Insurance Portability and Accountability Act of 1996), you may be required to sign an authorization allowing UC to provide the insurance plan with relevant protected health information or authorizing the insurance plan to release such information to the University representative.
- Actions you take during Open Enrollment will be effective the following January 1, unless otherwise stated.
- You certify that all enrolled family members are eligible for coverage based on the definitions and rules specified in the UC publications, “Group Insurance Eligibility Factsheet for Employees and Eligible Family Members” and “Group Insurance Eligibility Factsheet for Retirees and Eligible Family Members”. You agree that you will de-enroll them within 31 days if they lose eligibility. You further certify that all the information you provide is true to the best of your knowledge, under penalty of perjury.
- Making false statements about satisfying eligibility criteria, failing to notify the University of loss of eligibility within 31 days of such loss, or failing to provide documentation when requested will lead to de-enrollment of the family members and possible legal action. In addition, employees/retirees may be subject to disciplinary action (e.g., loss of health benefits for up to 12 months) and will be responsible for any employer contributions to and benefits paid by the plan for the ineligible coverage.

* Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association.

CONTINUATION PRIVILEGES

For opposite sex spouse, natural or adopted child, stepchild, legal ward, other child, and/or grandchild

The Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA) provides for continued plan coverage for a certain period of time at monthly rates if you or your eligible family members lose group medical, dental, or vision coverage because you die, divorce or are legally separated, or because a child ceases to be eligible. Call your Benefits Office for more information.

For same-sex spouse, domestic partner, same-sex spouse or partner’s child/ grandchild, and/or adult dependent relative*

While not required under COBRA, UC’s health carriers have agreed to provide for continued coverage for an eligible same-sex spouse, domestic partner, and/or a same-sex spouse or partner’s child/grandchild, or an adult dependent relative enrolled by 12/31/03. Coverage may continue for a certain period of time at specified monthly rates if you or your eligible family members lose group medical, dental, or vision coverage because you die, divorce or are

legally separated, your relationship with an adult dependent relative or a domestic partner ends, or because an adult dependent relative or a same-sex spouse or partner’s child/grandchild is no longer eligible for coverage. Call your Benefits Office for more information.

WHEN ELIGIBILITY ENDS
For same-sex spouse, domestic partner, same-sex spouse or partner’s child/ grandchild, adult dependent relative²

UC-sponsored group insurance coverage stops at the end of the month the family member is no longer eligible. UC requires the employee/retiree to provide the adult dependent relative, same-sex spouse or the domestic partner with a copy of this cancellation form. For medical, dental, and vision plan continuation coverage, the same-sex spouse, adult dependent relative or domestic partner should call your local Benefits Office.

* **NOTE: An adult dependent relative is eligible to continue UC-sponsored medical, dental, and/or vision coverage if enrolled by December 31, 2003, and coverage is continuous.** Your adult dependent relative must not be eligible for Medicare Part A.

HIPAA (Health Insurance Portability and Accountability Act of 1996) Notification for Medical Program Eligibility

If you are declining enrollment for yourself or your eligible family members because of other medical insurance or group medical plan coverage, you may be able to enroll yourself and your eligible family members¹ in a UC-sponsored medical plan if you or your family members lose eligibility for that other coverage (or if the employer stops contributing toward the other coverage for you or your family members.) You must request enrollment within 31 days after your or your family member’s other medical coverage ends (or after the employer stops contributing toward the other coverage).

In addition, if you have a newly eligible family member as a result of marriage or domestic partnership, birth, adoption, or placement for adoption, you may be eligible to enroll yourself and your eligible family member(s). You must request enrollment within 31 days after the marriage or partnership, birth, adoption, or placement for adoption.

If you do not enroll yourself and/or your family member(s) within the 31 days when first eligible, you may enroll at a later date. However, each member will need to complete a waiting period of 90 consecutive calendar days before medical coverage becomes effective, or you/they can enroll during the next Open Enrollment Period.

To request special enrollment or obtain more information, contact the UC Customer Service Center.

Note: If you are enrolled in a UC medical plan, you may be able to change medical plans if:

- you acquire a newly eligible family member; or
- your eligible family member loses other coverage.

In either case, you must request enrollment within 31 days of the occurrence.

¹ **To be eligible for plan membership you and your family members must meet all UC eligibility requirements for coverage as stated in the *Group Insurance Eligibility Factsheet for Retirees and Eligible Family Members*. As a condition of coverage, all plan members are subject to eligibility verification audit by the University and/or insurance carriers.**

PRIVACY NOTIFICATIONS

STATE

The State of California Information Practices Act of 1977 (effective July 1, 1978) requires the University to provide the following information to individuals who are asked to supply information about themselves.

The principal purpose for requesting information on this form, including your Social Security number, is to verify your identity, and/or for benefits administration, and/or for federal and state income tax reporting. University policy and state and federal statutes authorize the maintenance of this information.

Furnishing all information requested on this form is mandatory. Failure to provide such information will delay or may even prevent completion of the action for which the form is being filled out. Information furnished on this form may be transmitted to the federal and state governments when required by law.

Individuals have the right to review their own records in accordance with University personnel policy and collective bargaining agreements. Information on applicable policies and agreements can be obtained from campus or Office of the President Staff and Academic Personnel Offices.

The official responsible for maintaining the information contained on this form is the Vice President—University of California Human Resources, 1111 Franklin Street, Oakland, CA 94607-5200.

FEDERAL

Pursuant to the Federal Privacy Act of 1974, you are hereby notified that disclosure of your Social Security number is mandatory. The University’s record keeping system was established prior to January 1, 1975 under the authority of The Regents of the University of California under Article 1X, Section 9 of the California Constitution. The principal uses of your Social Security number shall be for state tax and federal income tax (under Internal Revenue Code sections 6011.6051 and 6059) reporting, and/or for benefits administration, and/or to verify your identity.

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If you have enrolled online using the At Your Service website, do not use this form.

It is your responsibility to submit this form to the appropriate office for processing. Submit this form to your Benefits or Accounting Office or to the person handling benefits for your department. Once this form is submitted, your Period of Initial Eligibility (PIE) ends. Shaded areas should be completed by the person updating the online system.

1. PERSONAL INFORMATION
NAME (Last, First, Middle Initial)
SOCIAL SECURITY NUMBER
CAMPUS/LAB AND DEPARTMENT
CAMPUS/LAB PHONE
EMPLOYEE I.D. NO.
HOME ADDRESS (Number, Street, City, State, ZIP)
HOME PHONE

2. EMPLOYEE ACTIONS
TYPE OF ACTION OR QUALIFYING EVENT (check all that apply):
WRITE IN DATE OF EVENT, if applicable.
Inter-campus transfer (previous location:)
Move out of/return to plan's service area (date:)
Statement of Health (Life/Disability only)
Cancel previous opt out request
Involuntary loss of coverage (date:)
(Please attach a letter from the employer certifying that you and/or your family member(s) were enrolled in the plan(s) and specifying the date coverage ends.)
Begin leave/furlough (date:)
Return from leave/furlough (date:)
Other (specify:)
(e.g., HIPAA 90-day delayed effective date, provider disruption)
Opt out of re-enroll in the Tax Savings on Insurance Premiums (TIP)
Change coverage indicated below

Comments:

2A. OPT OUT OF UNIVERSITY-SPONSORED COVERAGE
I wish to decline coverage under the following University-sponsored plans:
Medical Dental Vision
I am declining this coverage because (check one):
I am currently covered as an eligible family member or retiree under a University-sponsored plan(s). Covered participant's Social Security No.:
I am currently covered under a non-UC-sponsored group plan(s) of religious beliefs.
I understand that if I opt out of UC-sponsored medical, dental, or vision coverage, UC will not provide me or my family members with coverage.

3. MEDICAL, DENTAL, VISION, AND LEGAL
To enroll in any of the plans listed below, mark the "Enroll" box. To change a plan, mark the "Cancel" box for your existing plan and mark the "Enroll" box for your new plan. If you cancel coverage for yourself, your enrolled family members will also be de-enrolled.
MEDICAL
Health Net
Kaiser—CA
Western Health Advantage
Core
Anthem Blue Cross PLUS
Anthem Blue Cross PPO
CIGNA Choice Fund
Other:
Name your Primary Care Physician or Medical Group I.D. number in Section 5.
DENTAL
Delta Dental PPO
Enroll Cancel
DeltaCare® USA; (Dental HMO; CA residents only)
Enroll Cancel
VISION
Vision Service Plan (VSP)
Enroll
(You may not cancel vision coverage, due to internal procedures. However, you may opt out of vision coverage; see section 2A, above.)
LEGAL
ARAG Legal Plan
Enroll Cancel
Legal Plan is not open for enrollment during Open Enrollment every year. Check the At Your Service website for information. You may enroll during a PIE, however.

4. OTHER INSURANCE PLANS—SEE FORM INTRODUCTION FOR INFORMATION ON NAMING BENEFICIARIES FOR LIFE INSURANCE AND AD&D PLANS
Employee only
SUPPLEMENTAL DISABILITY
Enroll Cancel Change
Waiting Period
(7 Days, 30 Days, 90 Days, 180 Days)
WAITING PERIOD: Your Short-Term Disability waiting period will be the same as the Supplemental Disability waiting period you select.
(NOTE: You must also submit a Statement of Health to decrease your waiting period.)
SUPPLEMENTAL LIFE
Enroll Cancel Change
(1 Times Annual Salary, 2 Times Annual Salary, 3 Times Annual Salary, 4 Times Annual Salary, Flat Amount (\$20,000))
(NOTE: You will be required to submit a Statement of Health to increase your coverage level.)
Employee and/or eligible family members
DEPENDENT LIFE
Enroll Cancel Change
Basic Plan (spouse/domestic partner and children, as applicable)
Expanded Plan (select type of coverage)
Spouse/Domestic Partner Only
Spouse/Domestic Partner and Child(ren)
Child(ren) Only
ACCIDENTAL DEATH & DISMEMBERMENT
Enroll Cancel Change
Self Family Modified Family
COVERAGE AMOUNT (Check one):
\$10,000 \$70,000 \$175,000
\$20,000 \$80,000 \$200,000
\$30,000 \$90,000 \$300,000
\$40,000 \$100,000 \$400,000
\$50,000 \$125,000 \$500,000
\$60,000 \$150,000

5. ADDITIONAL EMPLOYEE INFORMATION AND ELIGIBLE FAMILY MEMBER ACTIONS
Complete this section to: (1) enroll or de-enroll an eligible family member in the medical, dental, vision, and/or legal plans or (2) change personal data (e.g., correct a misspelled name or provide a Social Security number). Also check the appropriate box in section 2.
In the Action box below, circle "E" for enroll or "D" for de-enroll. If you are enrolling or de-enrolling family members, show the date of the event (marriage, birth, adoption, divorce, death, or domestic partnership or termination of partnership). Enter the appropriate relationship code (see below) to indicate the family member's relationship to you. Check the appropriate insurance plan box (Med, Dent, Vis, Leg). If you enroll in a plan which requires you to select a Primary Care Physican (PCP) or medical group and you do not select one, one will be selected for you.
Action Date of Event Name (Last, First, MI) Sex Relationship (use codes) Birthdate Social Security Number (required) Med Dent Vis Leg Primary Care Physician or Medical Group I.D. Check if Current Physician
ADULTS—You may only enroll one eligible adult. Relationship Codes: Legal spouse (S), Same-sex spouse or same-sex domestic partner (D), Opposite-sex domestic partner (L), Adult dependent relative (A): See note on reverse.
Circle E or D below MO DY YR 1. LISTED IN SECTION 1 SELF MO DY YR LISTED IN SECTION 1 LISTED IN SECTION 3 Name ID No:
E MO DY YR 2. Name ID No:
D MO DY YR
CHILDREN—Enter the relationship code to indicate the family member's relationship to you: Tax-dependent child (natural, adopted, or overage disabled)* (C), Non-tax dependent child (natural or adopted) (T), Non-tax dependent overage disabled child (N), Same-sex spouse or partner's child/grandchild* (K), Stepchild* (P), Legal ward* (W), Grandchild* (G), Other child (enrolled before 9/1/94)* (O). * Must be a tax dependent
E MO DY YR 3. Name ID No:
D MO DY YR
E MO DY YR 4. Name ID No:
D MO DY YR
E MO DY YR 5. Name ID No:
D MO DY YR
E MO DY YR 6. Name ID No:
D MO DY YR

My signature below indicates I have read and agree to the "Terms and Conditions" on the back of this form. I declare under penalty of perjury that all of the above information is true to the best of my knowledge.
EMPLOYEE'S SIGNATURE DATE SYSTEM UPDATED BY TELEPHONE NUMBER DATE